

A PLAN FOR SPORT IN TORBAY



Encouraging Torbay to get healthy and active



Town Hall, Castle Circus, Torquay TQ1 3DR

www.torbay.gov.uk

(6) Great Parks, Paignton

- The proposed amenity open space around Scotts Bridge/Barton and in the Barton Valley are to meet the needs of the future residents of the proposed residential development in this location. The detailed aspects of open space provision will be determined through Section 106 Agreements. Similarly, the proposal for Great Parks is designed to meet the needs of the new community and is closely related to the proposed health centre and primary school.
- Survey work shows that there are significant deficiencies in all three towns in the amount of playing areas, in the quality of provision and in the extent of residential area lying outside a 1,000 metre radius from public playing fields and pitches.
- In addition to identifying specific sites for the development of playing fields and other forms of open space, the Local Plan has been prepared on the basis that local authorities are primarily enablers and do not have the resources to be major providers. To ensure that sufficient land comes on stream to meet future needs, new development may be required to provide such infrastructure. It is therefore important to secure an equitable system which links the provision of new public open space to new housing completions and conversions. This may be based on a system which allows for the provision of facilities either directly through making land available, or indirectly through commuted payment.

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- complex, situated on the former tipped area, will support four pitches, changing facilities and a car park.
- The new playing fields proposed at Collaton St Mary are situated alongside the site of the replacement primary school for the village and will provide new facilities for the school.
- The proposal for playing fields at Bridge Road, Churston, will include changing facilities and a car park. It is envisaged that they will serve Brixham, Churston, Galmpton and Paignton and overflow games from Torquay.
- Implementation is not expected in the early part of the Plan period, unless private funding or grant aid is forthcoming. Careful consideration of cirl bunting habitat will be required at this location. The proposal at Centry Road, Brixham comprises a new playing field and related changing facilities for Brixham College. Where practicable, the pitch and facilities may also be available to serve the local community on a dual use basis.
- In view of the physical characteristics of some pitches (including high fencing, floodlighting and associated development such as changing and parking facilities) careful consideration of sighting and hours of operation will be required.

R4 New cricket grounds

New cricket grounds are proposed at the following locations subject to considerations of amenity and traffic:-

- (1) Barton Valley, Torquay
- (2) Churston Court, Churston
- (3) North Boundary Road, Brixham

- To serve the increased demand, a new cricket square will be provided as part of the new community and recreation facilities at Barton Valley, Torquay. The existing cricket grounds at Greenway Road, Churston and at Northfields Lane, Brixham, are occupied by clubs wishing to relocate. In the case of Brixham Cricket Club, the existing facilities are no longer suitable by virtue of their small size and close proximity to residential development. At Galmpton Cricket Club, the football club shares the use of their ground. The proposed new sites are larger, are within easy reach of the existing grounds, and are conducive to the playing of good standard cricket. The proposal at North Boundary Road is covered by several landscape designations. In view of the sensitivity of the site, careful consideration should be given to the size and location of any associated development, for example, clubhouse and parking facilities.

R5 Protection of public open spaces and playing fields Changes of use or development involving the loss of public open space, playing fields and sports pitches will only be permitted if:-

- (1) an alternative provision in the vicinity of the public open space, playing fields or sports pitches is made available to serve the existing demand and, where possible, alternative provision should be available for use before the existing facility is removed from use;
- (2) it can be demonstrated that the existing provision is redundant and no longer required for school or community use and has no visual amenity, landscape importance or informal amenity value; or
- (3) it is ancillary development which is necessary to enhance the existing sports and recreation facilities or meet other community needs.

- A playing pitch strategy highlighted a shortfall of sports pitches in Torbay. Such facilities therefore need to be safeguarded. Open spaces can also have importance for wildlife and contribute to visual amenity, an asset which is not easily replaced and likely to be a permanent loss. The long term impact of the loss of such space in a locality and whether it will be replaced will therefore be a material consideration in the determination of development proposals.
- School and college playing fields also form an integral part of Torbay's playing field provision and these sites are therefore also subject to this policy.

R7 Areas of amenity open space

Proposals for the maintenance and improvement of existing areas of amenity open space will be permitted where they result in an improved level and standard of provision.

New areas of amenity open space are proposed at the following locations:-

- (1) Land north of Beechfield Link, Scotts Bridge/Barton Phase 2, Torquay
- (2) Barton Valley North, Torquay
- (3) Barton Valley South, Torquay
- (4) Wetlands between roundabouts 2 and 3, Browns Bridge Road, Scotts Bridge/Barton, Torquay
- (5) Land adjacent to Ellacombe Plantation, Scotts Bridge/Barton, Torquay

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Torbay's Sports Strategy 2007 - 2013

Introduction

In 2003 Torbay developed its first Sports Strategy after a period of extensive consultation. A Plan for Sport aims to review the actions achieved since the development of the strategy and identifies the future priorities in sport across a range of organisations. This will take into account the new priorities identified in the community plan and the new Local Area Agreement for Torbay.

In 2006 the Torbay Strategic Partnership developed in consultation with the community, a new community plan entitled 'Turning the Tide'. This community plan sets out the vision and priorities for Torbay for the period 2007-2027. This plans key aim is to deliver both community and economic prosperity and sport clearly plays a role in delivering this vision. A Plan for Sport will address the key priorities and provide ambition and a delivery mechanism to achieve the overall community aims.

The Local Area Agreement (LAA) is a new contract between central and local government to deliver the priorities of local people. All authorities will have such an agreement in place by 2007. These agreements will enable partnership working between the agencies, and local communities. The agreements will be for three years and will have specific targets which local authorities and their partners have to reach. The Local Area Agreements are split into a number of categories: Children and Young People, Safer and Stronger Communities, Healthier Communities and Older People, and Economic Development and Enterprise. Sport plays a part in all of these themes to a greater or lesser extent and in two cases have stretch targets identified against childhood and adult obesity.

Appendix 2 Adopted Torbay Local Plan (1995-2011) Policies concerning sport and recreation

R1 Major indoor leisure and recreation developments *Proposals for major indoor leisure developments will be permitted, provided that the following criteria can be met:-*

- (1) developments should be located within town centres or if suitable sites are unavailable, on the edge of town centres – developments elsewhere will only be permitted where more central sites are unavailable and where they do not conflict with countryside, landscape and nature conservation policies;
- (2) the proposal will not cause significant harm to residential or other amenities or conflict with other nearby uses; and
- (3) the development must be acceptable in terms of access and highway safety.

It is unlikely that Torbay Council's funds will be available to build any more purpose built, multi-use sports centres in Torbay. However, new provision could take the form of multi-purpose facilities within community centres and dual use/joint provision based on schools and other buildings. Any major new development likely to attract large numbers of users should be accessible, well related to its catchment area, and should not conflict with local amenities or nearby land uses.

The refurbishment or replacement of Swim Torquay and Brixham Indoor Swimming Pools are currently taking place. These facilities serve important community needs. Torquay Tennis Club is going ahead with plans for indoor tennis courts and ancillary accommodation.

R2 Outdoor recreation developments

Proposals for outdoor recreation developments, including playing pitches, golf courses, motor sports, war games and other outdoor recreational and leisure facilities will be permitted, provided that the following criteria can be met:-

- (1) *the proposal will not cause significant harm to residential or other amenities or conflict with other nearby uses;*
- (2) *the development must be acceptable in terms of transportation, access and highway safety; and*
- (3) *the development will not have a significantly harmful effect upon nature conservation, landscape protection or preservation of the best and most versatile agricultural land; in particular, schemes should not conflict with landscape and nature conservation policies.*

Whilst recreation development is welcomed in principle, such development should not harm the landscape or nature conservation value of rural areas or result in the loss of the best agricultural land. In addition, proposals will need to ensure that any ancillary amenity problems which could result (such as noise and traffic impacts) have been considered and ameliorated. If demand arises for sports such as war games, clay pigeon shooting or motor sports (scrambling, trail riding and stock car racing); such activities can cause significant environmental damage as well as noise and safety problems. An initial survey has not yielded any sites which are obviously suitable for any of the above. This is perhaps not surprising in view of the wildlife and landscape importance of much of Torbay's countryside. In the event of a suitable site being found, the Council would require that it is operated in a safe and environmentally acceptable way, as a condition of granting planning permission.

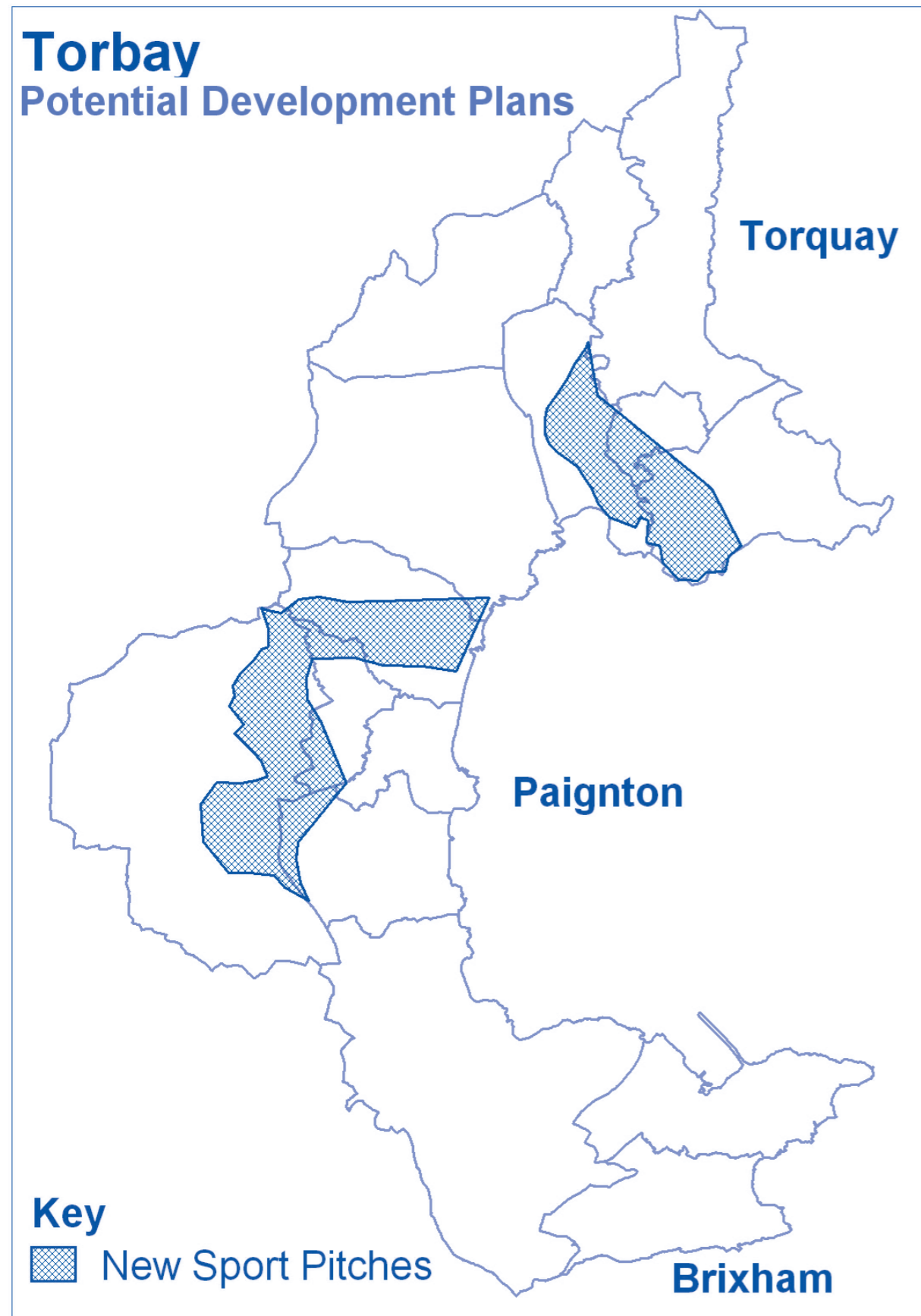
R3 New playing fields

New playing fields and related facilities are proposed in the following locations:-

- (1) *Barton Valley South, Torquay*
- (2) *Collaton St Mary, Paignton*
- (3) *Bridge Road, Churston*
- (4) *Centry Road, Brixham*

A survey of playing pitch provision in 1995 highlighted the shortage of playing pitches in Torbay, both in relation to established criteria and based on the experience and comments of local sporting organisations. In addition to an overall shortage of playing pitches, existing provision is sometimes sub-standard, due to drainage problems, poor levels and inadequate changing facilities.

- The proposals for new playing fields at Barton Valley South will serve the new community at Scotts Bridge/Barton in addition to alleviating the shortage in northern Torquay. It is envisaged that the



Overall Vision

A new community plan outlining vision for Torbay over the next 20 years was developed in spring 2007. The new community plan, 'Turning the Tide' will build on the previous community plan 'Teaming up for Torbay's future 2004 – 2007'.

The new community plan will aim to unlock Torbay's potential and drive forward its economic prosperity to give us prosperous communities. This is directed by four key focus areas set out in the wheel below.



Pride in the Bay - Sport is an essential part of the community's culture. It brings people together, giving them a sense of community pride. This is particularly strong in Torbay with so many facilities and club teams managed by voluntary groups from within its community. For example Torbay has the only swimming facilities run and managed by a voluntary sector organisation in the country. This is only possible because of the strong community support in Torbay.

Learning and skills for the future – Sport is all about learning new skills at a variety of levels, from local people learning a new sport to volunteers achieving coaching skills. At an elite level sport is a skill for life and early support in training is crucial to developing athletes to compete at regional or national level.

Stronger communities - Sport is used to tackle a range of issues such as anti social behavior and it is a powerful tool for bringing people together from a range of backgrounds. It is a means of fostering respect and learning through following rules and regulations, which can benefit in every day life. It promotes opportunities bringing communities together and enhancing quality of life through direct and indirect participation, giving people a common identity of which to be proud. Sport and physical activity helps people to be healthier and to lead more independent lives by maintaining their physical and mental well being.

The new economy – Sport and physical activity plays a big role in the local economy. The provision of sports business and services, and manufacture of sports goods and equipment, makes a significant contribution to employment and to the gross value added. Sport related activity in England accounts for more than £9.8 billion in valued added, 1.5% of the total for England. The sector employs just over 2% of the workforce in England equivalent to 400,000 jobs. Sport and leisure is a recognized growth sector and the economic impact of sport is increasing.

New Local Area Agreement (LAA)

Torbay Council and its partners have been negotiating with central government on some key targets and priorities for delivery over the next three years. There are two specific areas within the LAA where sport will be used to reach the targets. These are located in the Healthier Communities and Older People block. The targets are related to tackling obesity:

- Increasing the number of obese people on an exercise on referral scheme and those still active at 3 months.
- Halt the rise in prevalence of obesity amongst primary school children (currently at 12.9%)

Sport will be a significant driver for reaching these targets and A Plan for Sport will identify proposed actions as part of the priorities.

Our vision for Sport is to make Torbay...

'a place where the majority of people, of all ages and backgrounds, regularly take part in physical activity;
where local people achieve sporting success at their chosen level;
where incidences of ill-health are much lower than the national average,
and where the range and quality of sports' facilities and opportunities attracts inward investment'

Our aims/priorities over the next 5 years are to: (Also see the action plan)

- Increase the health and well being of people in Torbay.
- Increase the numbers of volunteers involved in sport
- Increase access to good quality sports facilities and activities at all levels
- Raising the profile of sport

The objectives are:

- To develop, in partnership, a range of quality sports facilities improving access.
- To increase the percentage of 5 – 16 year olds engaged in two hours a week minimum of high quality PE and school sport within and beyond the curriculum.
- To develop targeted consultation with all six strands of the equality and diversity sectors including those on low incomes to ensure their needs are met.
- Under Section 17 of the Crime and Disorder Act, address issues through the provision of sport as identified by the Community Safety Partnership.
- To increase the percentage of adults in Torbay participating in at least 30 minutes of moderate intensity sport and active recreation (including walking) on 3 or more days a week by 1% year on year.
- To assist partners to create and sustain opportunities for all people to participate in sport at whatever level they wish.
- To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level.
- To support coach education and development programmes.
- To support the voluntary and club sector to deliver sports activities at a range of levels.
- To maximise external, and grant funding for the provision of sports facilities as identified in Torbay's needs analysis (attached in appendix 1)
- To raise the profile of sport in Torbay.

TORBAY SPORTS COUNCIL

Torbay Sports Council is a forum, which was formed to further the interests of sport in Torbay, and to represent its member clubs in negotiation with Torbay Council and local, or national, sports funding bodies.

It's executive committee is formed from elected representatives of it's member clubs (one per sport). The committee meets at five intervals and has two general meetings each year, one of which is it's annual general meeting. The executive committee meetings are also attended by up to four Torbay Councillors, Council Officers and the Sports Development Team.

Business discussed may include the provision and maintenance of sports facilities, sports charges, grant aid and any other matters affecting the well being of sport within Torbay.

If you would like to affiliate to the Torbay Sports Council please contact the treasurer and send with the annual fee of £3.00:

Chairman

Mr. R. F. Mann Wensley Court, 48 Barton Road, Torquay TQ1 4DW

Vice Chairman

Mr. D. Macdonald 2 Osney Gardens, Paignton TQ4 5HD

Secretary

Mrs. L. Wimbleton 66 Warbo Road, Torquay Devon

Treasurer

Mrs. M. Cunliffe 2B Roundham Road, Paignton TQ4 6EZ

David Gould – Section Head of Sports

South Devon College
Vantage Point
Long Road
Paignton
Devon
TQ4 7EJ
01803 540534
david.gould@southdevon.ac.uk

Lyn Ware – Lifestyles Team

Torbay Care Trust
Roebuck House
Abbey Road
Torquay
TQ2 5EJ
01803 208840
Lynware@nhs.net

Neil Roberts – Chief Executive – Active Devon

County Sports Partnership
University of Exeter
Sports Park
Stocker Road
Exeter
EX4 4QN
01392 264497
Neil.roberts@devon.gov.uk

Roger Mann – Chairman

Torbay Sports Council
Wensley Court
48 Barton Road
Torquay
TQ1 4DW
Rogermann48bart@aol.com

Sue Cheriton – Torbay Sports Forum

Torbay Council,
2nd Floor Tor Hill House,
Union Street,
Torquay,
TQ2 5QW,
01803 207972
Sue.cheriton@torbay.gov.uk

Sport England Southwest

Ashlands House
Crewkerne
Somerset
TA18 7LQ
08458 508508

Why have a Sports Strategy in Torbay?

- To raise the profile of sport and to demonstrate the benefits of sport in terms of quality of life and well being
- To prioritise the sporting needs of Torbay in an effective and equitable way.
- To help increase participation in sport and create pathways for individuals to develop their sporting skills at range of levels
- To identify priorities in strategic way to inform governing bodies and potential funders
- To acknowledge the value of the efforts of staff and volunteers by showing how their work relates to the bigger picture
- To set direction and priorities for Torbay Council and its key partners in line with other high level strategies.
- To deliver a range of sporting opportunities in the most efficient and equitable way, acknowledging best value and equality.

How was A Plan for Sport in Torbay prepared?

A review of the 2003 strategy has taken place which looked at achievements to date and considered changes in priorities across the sporting sector. Paignton Community & Sports College are now delivering the former Sports Development Service on behalf Torbay Council. In 2005 London successfully secured the 2012 Olympics and Paralympics which will also have an impact of sports delivery across the country. This will bring many new and exciting opportunities in sport for the whole nation. The development of a new community plan for Torbay has identified new priorities with a key aim of targeting economic prosperity. This, together with a need for key agencies to deliver new targets which make up Local Area Agreements, means a new direction for sport is required.

The success of the implementation of A Plan for Sport is dependant on the co-ordination and dedication of individuals and sports organisations, development of activities, and management across all the agencies in Torbay. By sharing common aims and objectives and creating strong partnerships, the visions of this plan can become a reality.

Research and Consultation

Primary consultation was offered to key sports clubs, local and regional partners. It was conducted by reviewing the existing 2003 strategy, updating current progress and identifying new priorities in each sporting category. The following individuals and organisations responded to this stage of the consultation:

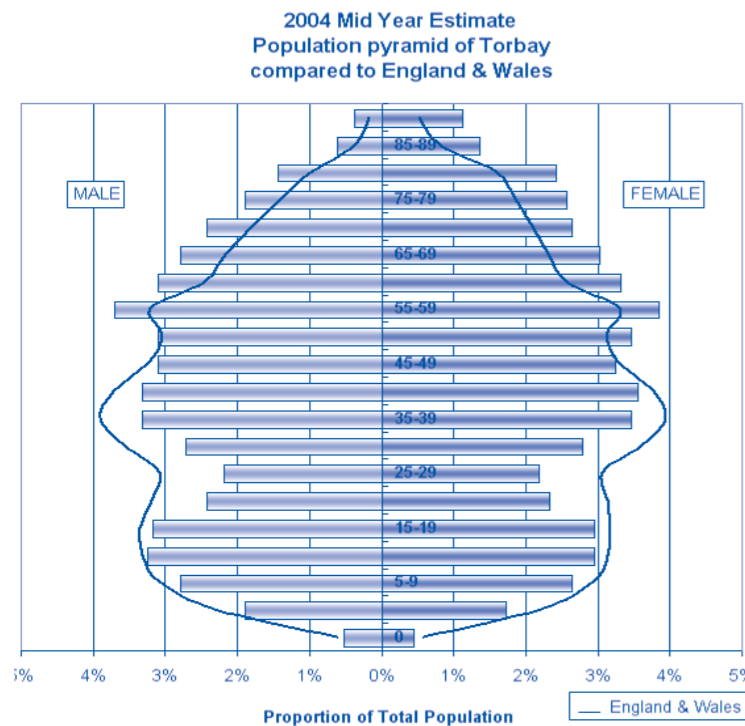
- | | |
|--|--|
| <ul style="list-style-type: none"> • Paignton Community & Sports College • Torbay Development Agency • Churston Ferrers Grammar School • Torbay Olympic Gymnastics Club • Torbay Care Trust | <ul style="list-style-type: none"> • Paignton Rifle & Pistol Club • Brixham Community College Sports Centre • Torbay Amateur Athletics Club • South Devon College • Torquay Grammar School for Girls • Safer Communities |
|--|--|

A draft Plan for Sport in Torbay was developed taking on board all the consultation results and distributed to a larger consultation group. In this round of consultation all sports clubs, local and regional partners in sport and physical activity were contacted. The following organisation contributed to this wider consultation process:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Paignton Community & Sports College • Torbay Amateur Athletics Club • South Devon College • Torquay Grammar School for Girls • Fitness in Torbay GP Referral Scheme • Active Devon • Groundwork Devon and Cornwall | <ul style="list-style-type: none"> • Brixham Community Sports Centre • Torbay Olympic Gymnastics Club • Churston Ferrers Grammar School • Torbay Development Agency • Sport England South West • Devon County Council |
|--|---|

Torbay’s Plan for Sport sets out the vision for the development of sport for all sections of the community. It has provided useful input into the community plan and other statutory plans. The strategies support Torbay Council’s important role of encouraging more of the population to take part in active sports in Torbay.

About Torbay



- Torbay covers an area of just under 25 square miles, with approximately 27 miles of coast line including 20 public beaches.
- Torbay's total population is estimated to be 132,500.
- The average age of residents in Torbay is 43.2 years; this is 4.6 years higher than the national average.
- Around 20% of Torbay's resident population lives within an area in the top quartile most deprived in England.
- Torbay is the 10th most populated local authority in the South West, whilst being the 8th smallest in area.
- 2.7% of Torbay's resident working age population claimed Job Seeker's Allowance on 10 Feb 05. This is compared to 2.4% for the UK and 1.6% for the South West Region.
- Torbay has the largest percentages of working population on incapacity benefit.

Torbay is seen by many as a traditional English seaside resort, and therefore the economy is very much dependant on the service sector.

The population pyramid above illustrates how the Torbay population structure differs to the England and Wales structure. It is clear to see both the deficit of young adults and the abundance of older people in the population. Torbay's population is estimated to grow constantly over the next 25 years, at an average rate of 1,200 people per year.

Sport in Torbay

- 24.9% of adults in Torbay take part in at least 30 minutes moderate physical activity, 3 or more days a week, according to Sports England's recent Active People Survey carried out by Ipsos Mori. This is just below the national average of 21% but still leaves 75.2% percent of residents not reaching this recommended target. 10.1% of these active adults have limiting disabilities.
- Torbay Voluntary Services are vibrant in Torbay; the Active People Survey shows that 4.5% of adults in Torbay are volunteering at least 1 hour a week to support sport. 23.9 % of adults surveyed were club members consisting of 26.4% males and 21.6% females. The largest percentage of membership is of 16–34 year olds.
- 15.7% of adults surveyed have received tuition from an instructor or coach in the last 12 months. The highest percentage of which was again from the 16 – 34 age group. This may be due to over 34 year olds taking part in recreational sport. According to the survey only 14% of adults in Torbay have taken part in organised competitive sport in last 12 months.
- 69.8% of adults surveyed in Torbay said that they are satisfied with local sports provision.

Useful contacts

Sue Cheriton – Assistant Director of Cultural Services,
Torbay Council,
2nd Floor Tor Hill House,
Union Street,
Torquay,
TQ2 5QW,
01803 207972
Sue.cheriton@torbay.gov.uk

Richard Taylor – Leisure Community Development Manager
Torbay Council,
2nd Floor Tor Hill House,
Union Street,
Torquay,
TQ2 5QW,
01803 207969

Catherine Williams – Community & Sports Officer
Torbay Council,
2nd Floor Tor Hill House,
Union Street,
Torquay,
TQ2 5QW,
01803 207976

Steve Turner –Service Manager –Strategic Planning
Strategic Planning Group, Environmental Policy,
Planning, Development and Policy Business Unit,
Community Services
Torbay Council, Roebuck House, Abbey Road, Torquay, TQ2 5TF
Tel: 01803 208812
E mail: Strategic.Planning@torbay.gov.uk

Kirsty Parker – Community Sports Coordinator
Paignton Community & Sports College
Borough Road
Paignton
Devon
TQ4 7DH
01803 403739
kirstyparker34@hotmail.co.uk

Tony Callcut – School Sports Coordinator Programme Partnership Development Manager
Paignton Community & Sports College
Borough Road
Paignton
Devon
TQ4 7DH
01803 403747
Tcallcut@supanet.com

Wayne Johnson – Groundwork Devon & Cornwall
Upton Vale Building,
Castle Circus,
Torquay
01803 208869
wayne.johnson@torbay.gov.uk

Local Clubs	Local Clubs and facilities Torbay Council
Year 1 – 3	Year 1 - 3
Develop targeted consultation with all six strands of the equality and diversity sectors including those on low incomes to ensure their needs are met	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)
Continue to develop the Library and Leisure Card Scheme	Continue to develop the 'Go for it Campaign'
Torbay Council	Torbay Sports Council

The case for getting healthy and active in Torbay

What does sport mean in the context of this plan?

'Sport means all forms of physical activity which, through casual or organised participation, aim at expressing or improving physical fitness and mental well-being, forming social relationships or obtaining results in competition at all levels.'

This inclusive definition has been adopted in A Plan for Sport in Torbay. It embraces informal recreation such as walking, as much as organised traditional sports.

In September 2002 the Prime Minister's Strategy Unit published a report, entitled 'Game Plan', setting a national target to widen the base and increase participation in sport and physical activity in England by 1% annually. To achieve this, it will be necessary to work through a system for the delivery of community sport in England which is simple, systematic and joined up, overcoming the inefficiencies identified in the Game Plan. This plan sets the ambitious objective of 'increasing significantly levels of physical activity and sport in the long term with the target of achieving 70% of the population being reasonably active (for example 30 minutes of moderate exercise 5 times a week). The results of the Sport England, Active People Survey in 2006, showed only 21% of the English population are this active at 30 minutes three times a week. Torbay does have an average of 24.9% activity at this level, but although better than the national average, is still a long way from the government's long term target.

Richard Caborn MP, the Minister for Sport has said 'sport is a powerful thing. It can motivate and inspire people, whilst at the same time being beneficial for their physical and mental well-being. It brings individuals together, and has the ability to challenge attitudes and change lives'.

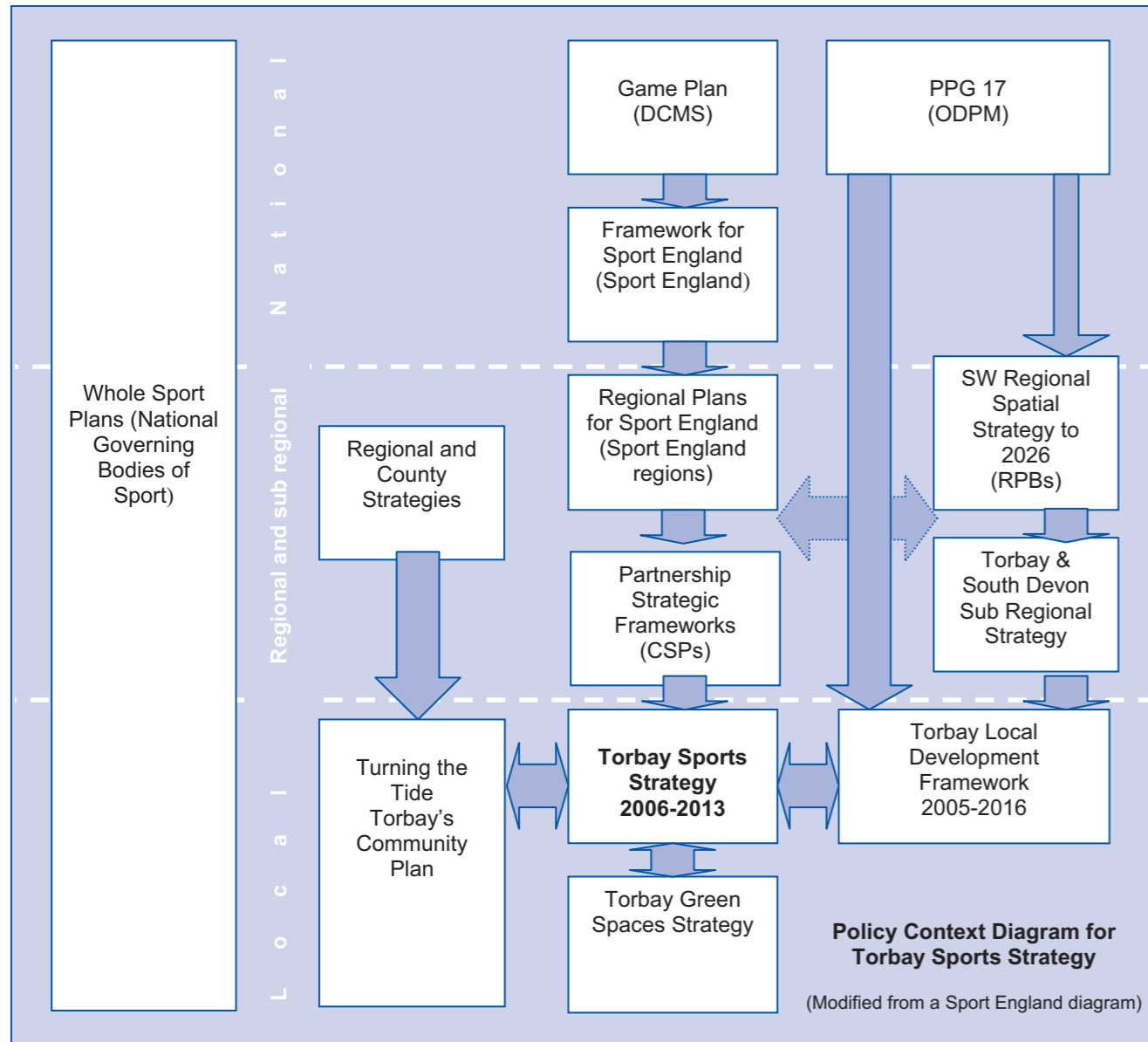
So what can sport really deliver.....

- **Equality** - Within the notion 'Sports for All' principles of equality and social inclusion are implicit.
- **Community engagement** - Sport can often be used as the vehicle for local authorities to have direct contact with the community. As a consequence, sport allows empowerment and consultation with the all local people.
- **Improvement to health** - Sport has proven health benefits, including reducing the risk of coronary heart disease, strokes and osteoporosis. In addition, there are well founded examples of psychological benefits including increased self-esteem.
- **Community cohesion** - Sport is vibrant within the youth culture and provides opportunities to make the important links between school and community life.
- **Citizenship** - Voluntary work and active citizenship are central to sport. Volunteers, through their dedication, are the backbone of British sport. Sport provides people with the opportunity to enhance their skills and put something back into the community.
- **Learning and skills development** - Sport provides the opportunity for lifelong learning through developing skills and competence, as a participant, and more widely through lifelong involvement and obtaining qualifications in coaching, sports leadership and administration. Many of the skills acquired through involvement in sport have the added benefit of being transferable into other areas of employment and life.
- **Environmental protection** - Participation in many sports takes place outside and sport has often led the way in protecting open space and access to water. In developing sound management practises it ensures that conflict between different users is minimised and projects sustainable.
- **Economic prosperity** – Sport can contribute to economic vitality and workforce development.
- **Early Intervention** – Sport has been used to reduce crime and anti-social behaviour, deal with complex social issues within communities and to address inequalities.

Sport England has sought to position sport at the forefront of the move towards delivering across a range of agendas, particularly in contributing to those elements which address quality of life. The publication, entitled 'The Value of Sport' (Sport England), seeks to reposition sport and physical activity as an economic, environmental and social contributor. While acknowledging the importance of sport as a provider of enjoyment and entertainment, it offers examples of areas of social concern in which sport can play a part.

Policy Context

The table below shows A Plan for Sport in Torbay in context with the various strategies of partner and regional organisations.



The above diagram shows the relationship of this plan in the context of national and regional plans and strategies. There are three key drivers of local strategies. At a local level through the community plan 'Turning the Tide', on a sub regional level Devon wide, and through national policy from Sport England and the Department of Culture, Media and Sport. The Adopted Torbay Local Plan (1995-2011) sets the Planning Framework for the provision and protection of sports facilities in Torbay. This will eventually be replaced by the emerging Local Development Framework which will form the strategic planning document for Torbay through which major sporting facility development and improvement programmes will be identified.

* DCMS – Department of Culture Media and Sport

* CSPs – County Sports Partnerships

* PPG 17 (DCLG) – Planning Policy Guidance 17 (Department of Community's and Local Government)

* RPBs – Regional Planning Bodies

Aim 4 : Raising the profile of sport

Organisation	Action	Objective/ Outcome	Timescales	Partners
Torbay Council	Ensure that sport in Torbay reflects best practice in relation to equality and inclusion.	Develop targeted consultation with all six strands of the equality and diversity sectors including those on low incomes to ensure their needs are met	Year 1 – 3	Active Devon Sports Partnership
	Increase opportunities for disabled people to participate in physical activity and/or sport	Develop targeted consultation with all six strands of the equality and diversity sectors including those on low incomes to ensure their needs are met	Year 1 – 3	Local Clubs
	Implementation of a number of specific delivery programmes aimed at increasing opportunities for people from disadvantaged and/or under represented groups such as girls and women, older people, disabled people and people from black and ethnic minority groups, to participate in physical activity and/or sport	Develop targeted consultation with all six strands of the equality and diversity sectors including those on low incomes to ensure their needs are met	Year 1 – 3	Active Devon Sports Partnership Local Clubs
	Develop sporting opportunities within the youth inclusion programme	Under section 17 of the Crime and Disorder Act, address issues through the provision of sport as identified by the Community safety Partnership	Year 1 – 3	Safer Communities and Youth Offending Team

Organisation	Action	Objective/Outcome	Timescales	Partners
Torbay Athletics Club	Development of Athletics' track possibly at Torre Valley North site	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year) To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 3 – 5	Sports Council Torbay Council Governing bodies
Paignton (Torbay) Rifle & Pistol Club	Re-location of premises to include access for the disabled and develop a centre of excellence	To assist partners to create and sustain opportunities for all people to participate in sport at whatever level they wish To support the voluntary and club sector to deliver sports activities at a range of levels	Year 1 – 3	Torbay Council
Grenville House	Support the development of an on-site abseil/climbing area	To assist partners to create and sustain opportunities for all people to participate in sport at whatever level they wish To support the voluntary and club sector to deliver sports activities at a range of levels	Year 1 – 5	Governing bodies

Achievements since Torbay's Sports Strategy 2003

In the heart of the 2003 Sports Strategy there were three action plans: Sports Development, Infrastructure and Water Sport. These plans contained priority sports as well as specific proposals and initiatives.

The following are actions that have been achieved since 2003:

Action Plan for Sports Development – the key elements

- The new "Library and Leisure Card Scheme" for Torbay was launched with the Library Service in November 2005 giving discounted access to sport and physical activity to people on low incomes, carers, and looked after young people.
- Paignton Community College achieved Sports College Status in September 2002. They are also the lead organisation of the School Sports Co-ordinator Programme which every school in the Local Education Authority is part of.
- Torbay now has its own Coach Education Programme running along side the Devon Coach Education Programme. Courses include both generic and governing body courses. Responsibility was handed over from Torbay Council to the Community Sports Co-ordinator at Paignton Community and Sports College in 2005.
- The Devon Active Sports Partnership is vibrant in the bay with the 9 key sports. Junior netball clubs, hockey, mini tennis and girls football clubs are all now on offer in the bay for young people to join due to the development of Active Sports and the Devon Youth Games.
- A biennial sports/arts directory is available in all leisure centres, libraries and schools across Torbay. With the 2007 issue developed in partnership with Torbay Care Trust and launched as Torbay's Get Active Get Healthy Guide.
- In partnership with the Groundwork Trust and the Youth Service various projects have been carried out in deprived areas across the bay including parks.
- A community cricket coach, community cycling coach and a community sailing coach are now in place to work across the bay and it is hoped further community sports coaches will follow.
- 6 Torbay Sports Awards have been held with finalists being fed into the Devon Sports Awards. In 2003 Torbay were proud to host the Devon Sports Awards.
- Torbay was proud to host the 'Sweet Chariot Tour' in 2004 at Torquay Rugby Club.
- The Torbay Young Persons Triathlon has now become an established annual event. Over 150 young people from both Torbay and across Devon compete annually with an age range from 11 years to 16 years old.
- A successful free of charge 'have a go' event was held at Torbay Leisure Centre allowing the community from 0 – 100 years old to try a variety of sports from baton twirling to aero ball to hockey and girls football.
- In January 2004 the 'Fitness for Torbay' GP Referral Scheme was launched in partnership between Torbay Council and Torbay Care Trust. This allows GP's to refer patients for exercise instead of prescribing medicine.
- Opportunities for many work placement students from local and international schools to gain work experience in the sports development field.
- A vibrant High 5 netball league is running in primary schools across the Torbay.

- A sports grant aid scheme is available to Torbay residents who have reached County standard or above, in their chosen sport or wish to take governing body coaching qualifications.
- Torbay Council has adopted a Child Protection Policy for Sports Development.
- Carers and looked after children are provided with a directory offering access to sports clubs and facilities free of charge in some cases or at reduced rates in others.
- Many clubs in Torbay have now taken on the lease from Torbay Council for their premises allowing them greater access to external funding.
- Each year Torbay is proud to enter teams in every sports category in the Devon Youth Games allowing many young people from Torbay to enjoy the experience. Some young people have accessed a clear pathway to County and National competition.

Action Plan for infrastructure – the key elements

- A 'Funding Guide' for all sports clubs is now available from Libraries and Cultural Services to advise sports clubs of funding streams available. A Community Project Officer is also in place at Torbay Council to advise clubs from the voluntary sector.
- As a priority sport tennis has grown from strength to strength in Torbay. mini tennis is now available through both Torquay Lawn Tennis Club and Cary Park Tennis Club. Cary Park Tennis Club has now taken on a licence for its courts. Torquay Lawn Tennis Club has worked closely with Torbay Council and the Lawn Tennis Association to develop Torbay's first public indoor tennis courts opening in 2006.
- As a priority sport Torbay Council have worked closely with both Brixham Indoor Pool and Swim Torquay to gain essential funding to maintain and improve the buildings.
- Playing Field Provision – A Playing Pitch Strategy for Torbay has been written and identified that there is enough pitch space per head of population if pitches in educational establishments are included. Due to this the Community Sports Coordinator at Paignton Community & Sports College is working closely with schools to open up their facilities for community use.
- Improvements to pitches – Whiterock football pitch has been improved and a lot of work has been carried out to improve changing facilities across Torbay. Churston Ferrers Grammar School has developed a joint community use playing pitch facility with FA Funding.
- After a lot of hard work skate parks are now available in Torquay, Paignton and Brixham.
- In 2003 Torquay Grammar School for Girls and Torquay Boys Grammar School, in partnership with Torbay Council, received Sport England funding for a brand new Artificial Turf Pitch (ATP) including community use outside of school hours.
- New informal sports facilities have been developed in deprived wards – Ellacombe, Barton, Victoria Park in Paignton.
- A rationalisation programme has been initiated to look at underused sites which could be disposed of to invest in new and improved facilities.

Action Plan for Water Sports – the key elements

- Water Sports Forum and Coastal Zone Management - Marine Bio-diversity Action Plan now in place.
- Beach zoning – Water skiing has been established at Livermead Beach and Elberry Cove. All other beaches have a shoreline restriction to motorised water sports.
- Access point for water-borne users – investigations continue into new access sites for boats and improving beach access in accordance with the Harbour bylaws

Organisation	Action	Objective/Outcome	Timescales	Partners
Brixham College	Replace old changing rooms and upgrade facilities	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 – 5	Torbay Council Governing bodies
	Develop a short matt bowls unit which would also double space for table tennis	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum	Year 1 – 5	Torbay Council
	Develop a new external cricket wicket and new indoor cricket nets	To develop in partnership a range of quality sports facilities improving access Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum	Year 1 – 5	ECCB

Organisation	Action	Objective/Outcome	Timescales	Partners
Paignton Community and Sports College	Replace existing Classrooms and create a multi sports area with changing facilities (Borough Road)	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 – 5	Governing bodies
	Create storage for table tennis equipment (Waterleat Road)	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 – 5	

- Torbay Council has made some significant improvement in promoting safety, improving bathing water standards, public awareness and beach facilities. Torbay Council is working with the Environment Agency and South West Water to improve standards of fresh water streams leading on to Torbay's beaches. In 2005 Torbay boasted 5 Blue Flag beaches and 12 Seaside Awards.
- Raising awareness through promotion of facilities and information. A water sports leaflet explaining where all water sports can be accessed across the bay is now available.
- Public Realm - a new slipway provided at Torquay Harbour and the widening of Beacon Quay is supporting improvements for sailing clubs, including additional boat storage and other facilities, including better launching locations.
- 2006 saw the launch of Snorkelling Safaris by Torbay Coast and Countryside Trust in areas around the bay.

In addition to the actions identified in the 2003 Sports Strategy, Children Services and individual schools have made significant contributions to the development of sport both within the curriculum and for the benefit of community at large. Some of their achievements since 2003 are listed below:

- Paignton Community College was awarded specialist sports' college status in September 2003. They are now one of 400 specialist sports colleges. Its role is to spread best practice and raise standards, delivering the National PE School Sports and Club Strategy. Specialist Sports status involves a clear expectation that the curriculum centre of excellence will drive whole school and community improvement forward.
- Paignton Community & Sports College is also the hub site for the Torbay School Sport Partnership – families of schools which work together to increase sports and physical activity opportunities for all. The Torbay Sports Partnership has a Partnership Development Manager based at the college, with eight School Sports Coordinators based in each of the Torbay secondary schools and a Community Sports coordinator who is responsible for supporting sports clubs and helping to establish effective school to club links.
- £1,831,144 New Opportunities Funding (NOF) has been received by Torbay schools. Paignton Community and Sports College has developed a community use facility on the Borough Road school site. It is a dual use site that is available to the schools up until 6pm during the week and available to the community in the evening, weekends and in school holidays. Torquay Community College has also received NOF funding for a similar project and opened in 2006.
- South Devon College is a FE establishment that moved from Torquay to Paignton in 2005. Facilities at the new site include a sports hall with multi sports usage, a fitness suite used for GP Referral and training purposes, a full size grass football pitch plus a training pitch. A full time Sports facilitator has been employed to promote the use of the sports hall and sports facilities at South Devon College.
- South Devon College has achieved designation as a Centre of Excellence for the following:
 - A Football Centre of Excellence (Boys) linked to Plymouth Argyle Football Club and with the Devon Football Association;
 - A Tennis Academy linked to the Lawn Tennis Association and Torquay Lawn Tennis Club which is a recognised priority for Torbay.

This College provides courses in a variety of subjects including football, sports and fitness therapy, sports studies, vocational pathway to outdoor education and tennis. It is the first college to offer a degree in marine sports in the UK. On completing the course you can enter the rapidly expanding industry as a junior manager or progress to a final year at the University of Plymouth achieving a BSc in Marine Sports Science.

All the current completed actions illustrate what can be achieved with a coordinated approach to sport. Commitment and funding support of all partners is essential. The Plan for Sport in Torbay aims to build on these successes to extend the scope and range of sport on offer to all sectors of the community.

Existing Sports Provision in Torbay

Torbay provides a wide range of sport and recreation facilities within the Bay. These facilities serve important community needs and support a very active club structure. These facilities can be divided into outdoor and indoor activities (incorporating swimming pools, indoor sports halls and leisure centres, indoor bowls centres, indoor tennis centres, ice rinks, community centres, and village halls).

Sport England's Active Places Survey shows that Torbay's demographic profile is most similar to Scarborough District, Isle of Wight and Weymouth and Portland. This table gives an indication of the level of key sports facilities in Torbay against other similar authorities:

	Torbay	Scarborough District	Isle of Wight	Weymouth and Portland District
Athletics	0	0	1	1
Golf (general)	3	4	8	2
Full sized football pitches	31	37	39	11
Junior football pitches	24	15	30	13
Cricket	9	17	10	2
Rugby Union (snr)	11	16	4	4
Rugby Union (jnr)	1	2	0	0
Grass Hockey	1	8	5	2
Rounders	7	2	1	0
Indoor bowls	2	1	2	2
Sports' Hall (Main)	19	18	9	6
Sports' Hall (Activity)	4	4	0	0
Swimming (general)	5	4	5	1
Swimming (Leisure)	2	0	0	2
Swimming (Learn/Teach/Train)	4	5	7	1
Swimming (Lido)	9	1	5	1
ATP (sand)	4	4	5	1
Population	132,500	106,283	132,704	63,604

The above table shows that cricket and junior pitches are limited compared to similar sized authorities. This was confirmed by the research undertaken in Torbay by Sport England in 2003. A plan for illustrating the deficiencies based on these shortfalls has been established and will be linked to future planning of new facilities across Torbay through the emerging Local Development Framework 2005-2026 (see Appendix 1)

Indoor leisure facilities

- The Riviera Centre in Chestnut Avenue, Torquay is situated in a prime location overlooking Torre Abbey Garden. It is the busiest leisure centre in Torquay. It is a multipurpose centre, including facilities ranging from swimming and other active sports, to eating, conference and entertainment. Currently it has some 228,000 annual users to the swimming and gym facilities.
- The Torbay Leisure Centre at Clennon Valley, Paignton, is the main indoor recreation centre in Torbay, with approximately 475,000 paying visitors in 2003.
- There are two other purpose-built indoor sports centres - the Acorn Centre in Barton, Torquay and Brixham Leisure Centre, which is part of the Brixham Community College. There are also two voluntarily run swimming pools - at Plainmoor, Torquay and Brixham Indoor Pool which also have scope for improvement.
- There is also a wide range of indoor sports and leisure facilities available to the public in local schools, hotels, community centres, church halls and private sports clubs and fitness suites. There have been several recent developments in hotels and schools.

Partners	Sports Governing bodies Torbay Council	Torbay Council	Governing bodies
Timescales	Year 1 - 5	Year 1 - 5	Year 1 - 5
Objective/Outcome	Increase the % of 5 - 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum	Increase the % of 5 - 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Increase the % of 5 - 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)
Action	Improve drainage on existing sports pitches, level grass area to maximise space. Improve storage on site for outside use and Outdoor Education. (Borough Rd) New changing rooms, male and female. Improve lighting and upgrade the sports hall - increase height to allow greater range of sports to use this area. (Waterfeat Rd)	Resurface tennis courts covering up to 4 courts for all year round use and create additional storage (Waterfeat Road)	
Organisation	Paignton Community and Sports College		

Organisation	Action	Objective/Outcome	Timescales	Partners
Paignton Community and Sports College	To develop swimming by covering the outdoor pool to increase use throughout the year. (Borough Rd)	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 - 5	Torbay Council
	Upgrade building to provide enhanced development sprung floor and mirrored facility for community use (Borough Road)	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 - 5	Dance groups
	Borough Rd Sports Hall – Improved lighting for cricket community use.	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 - 5	Governing bodies ECCB

- There are new sports halls and fitness suites at: Paignton Community & Sports College and Torquay Community College; ten pin bowling at AMF Bowling, Torquay; indoor bowls centres at Oldway, Paignton, Torquay United's Football Ground, and at the Victoria Hotel, Torquay.
- There is a squash club at Barton, Torquay.
- Multipurpose halls at Torquay and Brixham Town Halls which are owned by the Council and available for organised public use.
- A rifle shooting club is located at Clennon Valley, Paignton.
- Two gymnastics facilities in Torquay and Paignton. Although these facilities are inadequate for this type of gymnastics and will need to be relocated in the medium term.
- Torquay Lawn Tennis club now have both indoor and outdoor courts available for community use.
- All secondary schools throughout Torbay offer a wide range of facilities for community use, including Paignton Community & Sports College, Torquay Community College, Churston Ferrers Grammar School and Brixham Community College which offer gym facilities and sports halls for community use outside of school hours.
- There are also several privately run leisure and health facilities in the area, including swimming pools, many of which are associated with hotels.

Outdoor leisure recreation

- Torbay enjoys a wide range of outdoor leisure and recreation opportunities, including the South West Coast Path and other coastal and countryside walks, 22 beaches, extensive country parks, town parks and gardens. The high quality of our species rich natural environment provides Torbay with a great potential for 'eco-tourism'/recreation, which puts an emphasis on a direct contact with the natural environment (i.e. nature based experiences, badger watching, conservation work etc). A sustainable approach to the recreation and leisure industry in Torbay also involves the use of alternative means of transport such as walking and cycling.
- There is also extensive provision for active recreation, including soccer, rugby and hockey pitches (including a floodlit full size all-weather facility), cricket grounds, tennis courts, bowling greens, golf courses and a dry ski run.
- Torbay has a generous provision of public amenity open space in relation to its population. This is perhaps to be expected in a resort area where there is a large increase in the population during the summer. However, in terms of formal pitch requirements the situation is reversed. The Playing Pitch Strategy completed in 2003 identified a shortfall in cricket, junior football and rugby pitches. There is in some cases surplus adult pitches which suggests that these could be converted to accommodate Torbay's junior pitch provision. That said, the demand from existing clubs (especially football) outstrips supply. An equally serious concern, highlighted by the same survey, was a considerable dissatisfaction with the standard of facilities provided, both in terms of size and quality. This applies especially to changing facilities but it also applied to social facilities, car parking, drainage and quality of surface of pitches. There is evidence of residents using facilities outside Torbay because they cannot obtain pitches of suitable quality within.
- There is no synthetic athletics track (8 x 400 metres) to enable all-weather athletics activities to take place in the area. The nearest being at Exeter which is approximately a 50 mile round trip. The 2003 Sports Strategy for Torbay has identified a need for such a facility in the sub-region. Dedicated spectator and associated facilities (changing rooms etc) will also be required in the longer term. Alternative sports are on the increase nationally. All three towns of Paignton, Torquay and Brixham now have skateboarding facilities in local parks with a further park planned for central Torquay.
- Recreational facilities such as horse riding establishments should consider the proximity of facilities to bridleways. There is a need to provide segregated route systems for horse riders in order to increase safety, to protect footpaths from erosion by horses and in the interests of road safety. It is

also important, however, to ensure that horse riding is not encouraged along roads, particularly on busy routes.

- Grenville House is Torbay's outdoor education centre. Grenville House is supported by the British Seamen's Boys' Home and is a registered charity. The philosophy emphasises the encouragement of young people to develop their appreciation of the environment, personalities and improve self esteem. This is achieved through a team of staff facilitating adventurous activities such as kayaks, canoes, yachting, RIB safety boats, indoor climbing wall, abseil tower, orienteering, caving, climbing, moorland walking and river expeditions. Grenville House also provides courses in team building and problem solving. Some 65,000 children and support staff have been through the centre in 2005. The centre is working with the pupil referral unit, 'Pupils under Pressure' and provides residential courses for Torbay primary schools.

Water sports

- The waters of Torbay itself also offer major potential for recreation. With over a quarter of the UK adult population (12.5 million – Water sports and Leisure Participation Survey 2005) now spending some of their leisure time in ways closely linked to our coasts and inland waterways (boating activity, water skiing, windsurfing, surfboarding, angling, swimming, sub-aqua diving, cliff climbing, coastal walking kite surfing and beach activity), there is clearly a large potential market for boating and water sports enthusiasts. The main harbour customers include organisations involved in waterborne sports and activities (yacht and sailing clubs, training organisations, scouts, sea cadets, divers, rowing clubs and youth groups).
- Torbay is seen as a key venue for organised marine events. The Harbour Authority has successfully worked in partnership with organising bodies, local clubs and other groups, together with the English Riviera Tourist Board, in promoting a full calendar of maritime events. Following the announcement that London will host the 2012 Olympic and Paralympic Games, it is worth remembering that Torbay hosted the sailing event for the 1948 Olympic Games.
- Traditional sea based sports in Torbay include sailing, water-skiing, diving and boating. These activities in themselves may not require planning permission, but it is important to ensure that the land based implications of such development do not create unacceptable amenity and environmental impacts. The Torbay Coastal Initiative (2000) is a project aimed at creating a Coastal Zone Management Framework for Torbay. Incorporating the needs of nature conservation and users of our coastal environment, it also looks into the potential for the eco-tourism market. This framework forms a useful reference tool for the implementation of Local Plan policies and proposals, particularly the Coastal Protection Zone in the environmental Protection Chapter (Policy EP12).
- Young people are encouraged to use harbour facilities, both by working with youth organisations (such as sea scouts, sea cadets and sea rangers) and individually. The harbours recognise the importance of the youth market and this is reflected in concessions on fees and rents and also through additional land based support.
- There is visibly an increase in 'extreme' water/beach sports such as kite surfing and kite buggying as well as water sports. In future these sports are likely to increase and consideration of formal sites to cater for such sports needs to be considered.

Torbay's club and community provision

There are over 100 sports clubs in Torbay ranging from aikido, croquet, skater hockey, sailing through to organised walking groups. Torbay Sports Council is a very active partner, representing local clubs, heading up the Torbay Olympic 2012 Committee and running in association with Herald Express the successful 'Go For It' campaign aimed at getting local people more active.

Torbay Sports Forum comprises representatives from sports agencies, the Torbay Care Trust, schools and voluntary organisations. The Groundwork Trust is another key voluntary sector partner who works across Torbay raising much needed funding and delivering informal and formal sports facilities on the ground.

Organisation	Action	Objective/Outcome	Timescales	Partners
Paignton Community and Sports College	<p>Duel use elite sports performance, education and clinic centre for gifted and talented athletes:</p> <p>Creation of a dual use facility to allow public and student use. To include reception, community social area, gallery, analysis rooms and individual fitness rooms. (Waterfeat Rd)</p> <p>New flooring/ upgrade of facility to include equipment and changing rooms.(Waterfeat Rd)</p> <p>New 3G all weather floodlight facility to replace existing grass pitch with storage facility for school and community use (Waterfeat Road)</p> <p>Complete drainage works as a result of 3G positioning, and increase external storage</p>	<p>To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level</p> <p>Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum</p> <p>To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)</p>	<p>Year 1 - 5</p> <p>Year 1 -3</p>	<p>Torbay Council</p> <p>Governing bodies</p> <p>Torbay Council</p> <p>Devon FA (funders)</p>

Partners	Torbay Development Agency Cultural Partnership	Governing bodies Schools
Timescales	Year 1 -5	Ongoing
Objective/Outcome	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level
Action	Develop a Maritime Sports Centre of Excellent	Support facilities that are to cater for elite athletes from Torbay to provide access to students and the community.
Organisation		Paignton Community and Sports College

There are a wide range of facilities available within Torbay provided across these sectors including:

Examples of facilities provided by Torbay Council	Examples of facilities run by sports clubs (some of which are leased from Torbay Council)
3 community leisure centres	Cary Park Tennis Club & Torquay Lawn Tennis Club
21 senior football pitches	Torbay Olympic Gymnastics Club & South Devon Gymnastics Club
5 junior pitches	Royal Torbay Yacht Club, Paignton Yacht Club, Brixham Yacht Club and Babbacombe Corinthian Sailing Club
4 mini pitches	Torquay Squash Club
4 rugby pitches	Churston and Torquay Golf Clubs
47 tennis courts	Brixham, Torquay & Paignton Rugby and football Clubs
4 youth centres	9 Bowling rinks run by a number of clubs across Torbay
3 public swimming pools	Swim Torquay and Brixham Swimming Pool
3 Astro turf pitches	Paignton Rowing Club
2 bowling greens	Torquay United Football Club
5 cricket pitches	Brixham, Barton, Chelston, Cockington, Torquay and Paignton Cricket Clubs

Activities for young people

Paignton Community & Sports College run a very exciting out of hours programme. Over the summer months 19 sports activities are offered ranging from skiing, surfing, and horse riding to golf. The table below shows how the numbers of young people taking part have grown from strength to strength over the past 3 years. The 2006 summer programme has extended to Torquay Community College, Brixham Community College and Oldway Primary School. They now also offer wrap around child care in partnership with the YMCA South Devon. This has shown a great improvement in participation number since 2003.

Year	2003	2004	2005
Number of young people taking part	183	494	2183

The Torbay Youth Service also offers summer sports activities for 11 – 14 year olds. These activities include Red Cross First aid courses, BAZ Camp (walking, canoeing and camping), soccer, basketball, computer sessions, boogie shoes dancing, trampolining, climbing and abseiling.

Individual community sports clubs also run activities for young people throughout the summer for example Brixham Rugby Club and Cary Park Tennis Club.

Activities for Older People

According to 2004 Mid Year Estimate of Torbay's population the average age of local residents is 43.2 years, this is 4.6% higher than the national average. The projects show that the average age is set to increase over the next 20 years and therefore older people will be the largest segment of the population in Torbay.

The Chief Medical Officer, Department of Health in 2004 said 'Regular lifestyle activity is particularly important for older people for the maintenance of mobility and independent living.....physical activity has also been found to be highly effective in reducing the incidence of falls.....and can help improve the emotional and mental well being of older people'.

This is acknowledged in the new community plan 'Turning the Tide' which identifies specific targets in relation to older people. More detailed consultation is needed to build on the 'Out of the Shadows' survey and specifically identify the barriers experienced by older people in taking part in sport and physical activity. A full survey in partnership with the Older Persons Forum will take place in 2007 to establish what actions are required to increase participation by the over 50 year olds. The Active People Survey in 2006 (which identified people in over 55 year old category) identified:

- 11.8% of Torbay's population over 55 years old were undertaking at least 30 minutes of moderate intensity exercise at least 3 days per week
- 22.5% of Torbay's population over 55 years old were members of a sports club
- 11.6% of Torbay's population over 55 years old received formal tuition from a sporting instructor
- 9.4% of Torbay's population over 55 years old took part in organised sport in the last 12 months
- 69.9% of Torbay's population over 55 years old were satisfied with local sports provision. This was the highest satisfaction rating of any age group.

Future action plans need to be revised to reflect the outcomes of consultation to be undertaken in 2007. These will be included in the future priorities of this plan.

Activities for Disabled People

Following the announcement of London being chosen for the 2012 Olympic and Paralympic Games, there has been more pro-active lobbying for extra resources to support disabled people at all levels of sports. As a result the Government has made a clear commitment in terms of the future funding of sport from grassroots through to elite level participation. Disability sport should not work in a vacuum and must be integrated where possible with able bodied sporting activity. Torbay has gone some way in addressing this by providing spaces designed for use by both able bodied and disabled user. This includes facilities at Upton and Victoria Park. Also specific coaching sessions to integrate disabled users in team games with able bodied players have taken place. There are a number of specialist disability clubs in Torbay although the majority relate to sailing activity. Torbay Council will continue to ensure through the planning process that all new facilities accommodate both able bodied and disabled peoples needs. Torquay Grammar School for Girls have a purpose built hall for use by disabled people, with it restricted for their use only. The Active People Survey in 2006 shows 10.1% of people with a limiting disability participated in 30 minutes moderate exercise at least three times a week.

Organisation	Action	Objective/Outcome	Timescales	Partners
Torbay Sports Council	Develop Golf Academy by linking to the PGA scholarship and establish link with local clubs	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 1 – 5	Governing bodies Local Clubs
	Develop a Sailing Academy to provide opportunities for qualifications and recreational learning	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 1 – 5	RYA Local Clubs
	Upgrade changing facilities and storage	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 – 5	Governing bodies
	To provide a half size 3 rd Generation pitch to increase playing hours and community use	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 1 -3	Governing bodies
	Work with the South West Regional Olympic Structure to ensure Devon has access to legacy funding and programmes associated with London 2012	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1-5	Torbay Council Torbay Olympic 2012 Committee

Organisation	Action	Objective/Outcome	Timescales	Partners
South Devon College	Develop a range of 3 rd Generation pitches in each town: Barton Sports Village – full size Brixham Astley Park – Half size	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year) To maximise external and grant funding for provision of sports facilities as identified in Torbay's needs analysis	Year 1 – 2 Year 3 - 5	Governing bodies/funders Local clubs
	In support of the Football Centre of Excellence (boys), apply for National FA Charter College Standard	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 1 – 3	Devon FA
South Devon College	Establish links with clubs and governing bodies to develop: Hockey Academy Netball Academy	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 1 - 5	Governing bodies Local clubs
	Develop new Foundation Degrees (Exercise and Fitness) GP Referral Programme through Plymouth University providing 3 rd year top up to BSc (Hons) in Health and Fitness	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 1 – 5	Care Trust Plymouth University Torbay Council

Priorities for the future 2007- 2013

There are four key priority areas which need to be addressed in the next five years. These are:

- Increasing health and well being of people in Torbay through increasing participation in sport
- Increasing the level of trained volunteers involved in sporting activity in Torbay
- Increasing access to good quality sports facilities and activities within a local and sub-regional context
- Raising the profile of sport across Torbay in light of the Olympics and Paralympic Games in 2012

Within these priorities there are a wide range of issues that need to be addressed in Torbay. These include rationalising existing facilities to meet the demand for the future provision, ensuring that facilities are improved for the long term sustainability of the specific sports, and future development of new provision needs mapping to ensure that best use is made of facilities both at a local and sub-regional level.

It will be important to ensure all sections of the community have access to activities and facilities that enable them to take up sport at whatever level they wish. This will mean providing activities at a range of levels, from local grass roots activity to developing options and pathways to elite sport status.

Sport can be used to reduce the prevalence of obesity in Torbay particularly in the key target groups, and that in turn can reduce health inequalities. This is a key target for Torbay Council and their partners

Torbay will need to raise the profile of sport provision in Torbay both locally and at sub-regional level.

The following tables identify the key actions for 2007-13 linked to the key priority areas and objectives of the plan. In some cases these have specific timescales and delivery mechanism, others are proposals for future provision which would need future planning and allocated funding streams.

ACTION PLAN 2007 - 2013

Aim 1: Increasing the health and well being of people in Torbay

Organisation	Action	Outcome/Objective	Timescales	Partners
Torbay Council	Develop a Childhood Activity Centre to tackle childhood obesity	LAA target – Halt the rise in prevalence of obesity amongst primary school children (12.9%)	Year 1-3	Torbay Care Trust School Nurses
	Reduce childhood obesity through active play	LAA target – Halt the rise in prevalence of obesity amongst primary school children (12.9%)	Year 1 - 3	Play Partnership Play Forum
	Support Sport England's Active Places network by updating information regarding Torbay	To assist partners to create and sustain opportunities for all people to participate in sport at whatever level they wish	Ongoing	Sport England
	Implement the Action Plan from the results of the Older Person consultation to increase participation by the over 50 year olds	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1	Older Persons Forum
	Encourage active work places to improve the health and well being of employees	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 - 3	Local business'

Organisation	Action	Objective/Outcome	Timescales	Partners
Torbay Council	Improve local facilities to support the expansion of adult and junior leagues, and schools development in: Netball Tennis Mini tennis Junior Football Junior Rugby Cricket	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year) To support the voluntary and club sector to deliver sports activities at a range of levels To assist partners to create and sustain opportunities for all people to participate in sport at whatever level they wish	Years 1 – 3 Years 3 – 5 Years 1 - 3 Years 1 – 3 Year 1 - 3	Local clubs Torbay Sports Council Governing bodies
	Develop a Sports Village at the Barton Landfill site to address	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1- 2	Commercial Developers Groundwork Governing bodies/funders

Aim 3: Increasing access to good quality sports facilities and activities at all levels

Organisation	Action	Objective/Outcome	Timescales	Partners
Torbay Council	To increase the percentage of Torbay's population that are within 20 minutes travel time of a range of three different sports facility types, of which one has achieved a specified quality assurance standard as set by Sport England (see needs analysis Appendix 1)	To increase participation of adults in Torbay participating in a least 30 min's moderate intensity sport and activity on 3 or more days a week (1% a year)	On going	Local facilities
Torbay Council	To develop a new regional gymnastics facility for use by local clubs (within the Clennon Health and Sports complex)	To create a clear pathway for individuals or teams from Torbay to reach sporting success on a regional, national and/or international level	Year 1 - 3	Local gym clubs Care Trust British Gymnastics
	Continue to support community swimming associations to develop their facilities	To support the voluntary and club sector to deliver sports activities at a range of levels	Ongoing	Local clubs

Organisation	Action	Outcome/Objective	Timescales	Partners
Paignton Community and Sports College	Work with extended services/schools managers and key local partners to ensure that daily physical activity and sport is key component of the extended schools programme	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum Under section 17 of the Crime and Disorder Act, address issues through the provision of sport as identified by the Community Safety Partnership	Ongoing	Schools
	Support education partners to increase participation in PEDPASS in Torbay schools	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum	Ongoing	Schools
	Increase physical activity in school children by upgrading local primary school playgrounds to promote playtimes and encourage daily physical activity.	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum	Ongoing	Primary Schools
	Encourage primary schools to open facilities for community use out of school hours	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 - 3	Torbay Council Schools

Organisation	Action	Outcome/Objective	Timescales	Partners
Paignton Community and Sports College	Increase participation within Cycling in Torbay amongst all age groups/genders/ethnics groups. Safe cycling facility within Torbay. Access funding through NGB British Cycling/Sport England	To increase participation of adults in Torbay participating in a least 30 mins moderate intensity sport and activity on 3 or more days a week (1% a year)	Year 1 - 3	Torbay Council British Cycling
	Increase opportunities for daily physical activity through informal sports i.e. basketball, table tennis by providing additional equipment	Increase the % of 5 – 16 year olds engaged in 2 hours high quality PE and school sport within and beyond the curriculum	Year 1 – 2	Torbay Council Groundwork

Aim 2 : Increasing the numbers of volunteers involved in sport

Organisation	Action	Objective/Outcome	Timescales	Partners
Torbay Council	Develop further Community Sports Coaches through the Active Devon Sports Partnership in priority sports	To support coach education and development programmes To assist partners to create and sustain opportunities for all people to participate in sport at whatever level they wish	Year 1 – 2	Active Devon Sports Partnership Local clubs
Active Devon Sports Partnership	Through the Step into Sport scheme, introduce young people to physical activity and sport leadership, through formal training and quality volunteering placements Promote utilisation of South Devon Colleges students through volunteering and leadership programmes	To support coach education and development programmes	Year 1 – 3	South Devon College Paignton Community and Sports College
Paignton Community & Sports College	Borough Road Sports Hall - Creation of a Coach Education Gallery with the installation of additional screening.	To support coach education and development programmes	Year 1 – 5	Governing bodies
South Devon College	Coach Education Centre to support Academy Developments and coaching	To support coach education and development programmes	Year 1 - 3	Governing bodies